

## Writing a reflective statement.

To help you get started, we have reviewed some of the best reflections and have come up with some questions. These are topics on which others have reflected, but they are only provided as a guide. What you write does not need to adhere to these topics at all.

- 1) When did you start working in poultry veterinary medicine? Why?
  - a) Who introduced you to veterinary medicine?
  - b) How were you introduced to poultry? By whom?
  - c) Were there events that led you to veterinary medicine or poultry medicine?
  
- 2) What was the state of the poultry industry (research) when you began your career?
  - a) What were some of your early experiences with industry? With colleagues? With mentors?
  - b) Compare these early observations with the current industry.
  
- 3) What were some of the frustrations in your career?
  - a) How did things improve?
  - b) Lack of knowledge, lack of money, lack of methods to determine diagnoses or treatments. Did these things play roles in your career?
  
- 4) What were the most exciting times during your career?
  - a) Were there conditions (events) in the poultry industry that contributed to those times?
  - b) What achievements of your own or others altered the course of poultry vet med? Of your career?
  - c) How did the important events in your career influence you?
    - i) What did you think when you first heard about them?
    - ii) Did you recognize their importance at the time?
  
- 5) If you could do your career over, what would you do differently? What would you do exactly the same way?
  
- 6) What message would you give to the next generation? Any wisdom? Any warnings?